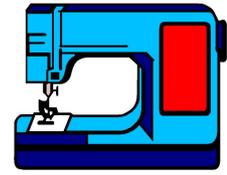




STUMER'S

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ELASTIC WAISTBAND SKIRT

This is a quick and simple skirt project which is perfect for summer and casual day wear. It uses basic sewing skills, so it is perfect for beginner sewers or those in need of a quick outfit.

What you will need:

Notions: - Pins, measuring tape
Matching thread
20mm Elastic (measure around where the skirt will sit to work out much elastic you will need)
Safety Pin or Bodkin
Water erasable pen or tailor's chalk

Fabric: - To work out how much fabric you need, measure the widest part of your body that the skirt will cover (usually hips, thighs or bottom). Once you have the measurement, add another 30cm, then divide the measurement by two. (If you would like a more full gathered look, simply add more into your width measurement).

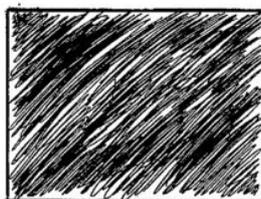
Example: - My measurement was 104cm
Width + extra
104cm + 30cm
= 134cm
Divide the new measurement by two
134 divide by 2
= 67cm (approximately 70cm)

For the example skirt, I used one mt for a fuller look. The width of the fabric you choose, divided by two, will determine the maximum length of your skirt. (112cm wide = approximately 75cm long) Fabric such as cottons and polycottons will work best for the skirt. If you are using a lining, you will need the same amount as your main fabric.

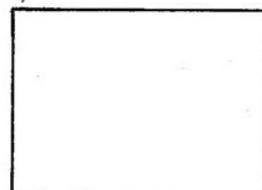


Making the Skirt: -

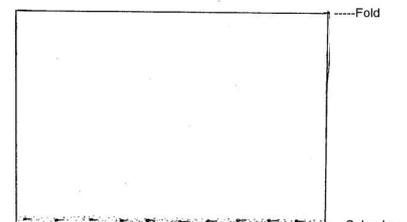
1. On your main fabric, pin the right sides together at the selvedge.



Right side of fabric



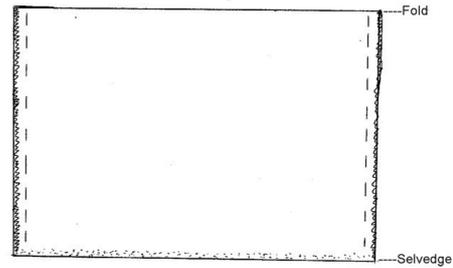
Wrong side of fabric



SEWING PROJECT

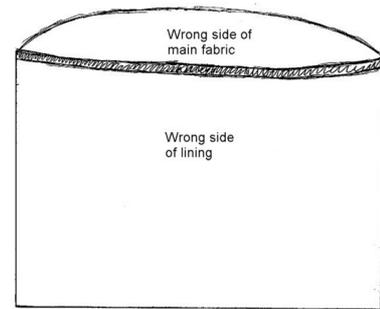
2. Cut along the fold (make sure you cut it even).

3. Reversing at beginning and end, sew your sides at 1.3cm, then overlock the seams.

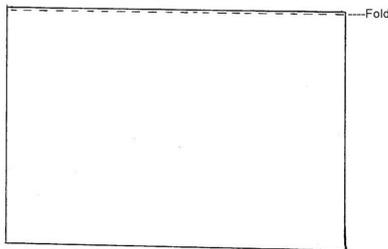


4. If using lining, repeat steps 1 to 4. When sewing the side seams of lining, leave a 3.5cm gap at the top of one side for the elastic casing.

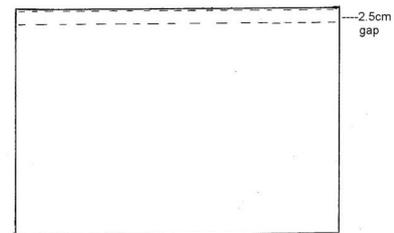
5. Once both pieces have been stitched and overlocked, you are now going to join them together. Lay out your main fabric with the right side facing out. Pull the lining over the top with the right side facing in. Pin them together at the top. Stitch a 7mm seam around the top to join the fabrics together.



6. Fold the main fabric onto the outside and sew a row of stitching close to the top of skirt to keep the seam in place.



7. Sew a row of stitching 25mm from the top of the skirt. This will create the casing for the elastic. This row of stitching can be sewn on either the outside or the inside of the garment.



8. Attach the elastic to a safety pin or bodkin and thread it through the gap left in the lining. Once the elastic has been threaded through and you've sewn the two end pieces, hand sew the gap closed.

9. To finish the skirt, overlock and then hem both the main fabric and the lining. Make sure your lining is shorter than the main fabric (approximately 30mm shorter).

10. **Optional:** To embellish the skirt, simply sew on ribbons, ric rac, lace or any other embellishment you desire.

Helpful Notes: After you have sewn the side seams of your skirt, try it on to see if the gathering is ok. Roughly pull it in and if it looks too full, take in the side seams before you continue. If you would like to make a longer skirt, use your measurement plus 30cm (or more for a fuller look) to work out how much fabric you need.

Example: $104\text{cm} + 30\text{cm} = 134\text{cm}$
= approximately 135-140cm of fabric
This means the maximum length of your skirt will be the width (usually 112cm or 150cm).

If you are unable to access an overlocker, use a zig zag stitch on your sewing machine. This will tidy up your seams and stop fraying.

Project designed by Charlotte Sait.